



Shanathi
FOUNDATION

www.shanathi-foundation.org



Shanthi
FOUNDATION



ABOUT SHANTHI FOUNDATION

SHANTHI ROAD MAP 2014 TO 2018 & BEYOND

CHAIRMAN'S MESSAGE

FINANCIAL REVIEW

OUR PROJECTS

- **SHANTHI PALLIATIVE CARE HOSPITAL**
- **CLEAN WATER FOR LIFE PROJECT**
- **PATIENT AND FAMILY SPONSORSHIP**
- **SHANTHI NURSES - FREE HOME BASED PALLIATIVE CARE SERVICE**
- **EDUCATION & TRAINING IN PALLIATIVE CARE**
- **KENDA PROGRAM (KUNDGI/PORRIDGE)**
- **EQUIPMENT DONATION PROGRAM**
- **DIVERSIONAL THERAPY**



ABOUT SHANTHI FOUNDATION

WHY 'SHANTHI'?

'Shanthi' stands for the inner peace of man & the outer peace of mankind.

OUR CORE VALUES

Care, Commitment, Compassion, Dignity, Empathy, Equanimity, Ethics, Excellence, Generosity, Honesty, Kindness, Respect, Teamwork, Transparency

VISION

'Shanthi', meaning peace, aims to propagate Palliative Care throughout the world, especially in developing nations, to give compassion, dignity and respect to all human beings with a life-limiting illness.

OUR PURPOSE

The delivery of the Palliative care service model in partnership and collaboration with Government, Non government agencies, General practitioners, and other stakeholders in all countries to maximise the level of a person's comfort towards a dignified death.

MISSION

Our mission is to establish long term partnerships with the Government and Non-government agencies to provide culturally appropriate Palliative Care throughout the world.

Shanthi Foundation, is an Australian registered charity, with Deductible Gift Recipient (DGR) status, with a vision to propagate and develop Palliative Care throughout the world, to give compassion, dignity & comfort to patients with life limiting illnesses such as cancer & Chronic Kidney Disease (CKD).

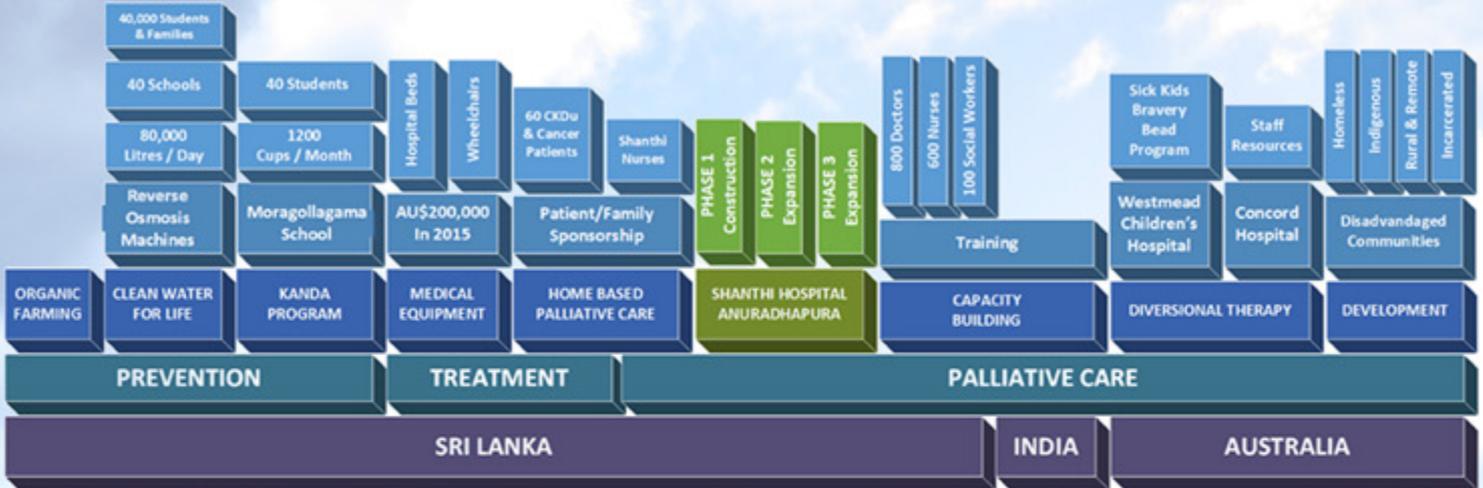
As you may be aware providing physical, emotional, spiritual comfort (Palliative Care) to patients with life limiting illnesses, has been named a basic human right by the United Nations / WHO recently. Palliative Care is not euthanasia and ensures that patients live their lives to the fullest, with Dignity & Comfort.

Over the last few years Shanthi Foundation has been working closely with the Ministry of Health, Prime Minister's Office & the Presidential Task Force on Chronic Kidney Disease.

www.shanthi-foundation.org

[MORE INFORMATION](#)

SHANTHI ROAD MAP 2014 TO 2018 AND BEYOND



2014 → 2018



2019 → beyond



Shanthy Hospital will be located on 2 acre property on Viharapalugama road, Viharapalugama, 5 km from Anuradhapura Hospital



Shanathi
FOUNDATION



CHAIRMAN'S MESSAGE

After completing education at the, Royal College Colombo and the Faculty of Medicine at the University of Colombo, I pursued my career by migrating to Australia. Whilst working as the Director of Palliative Care in the Australian Capital Territory (ACT) and a Senior Consultant in Palliative Care, I was looking at opportunities to give back to my motherland which had given me so much. I was invited by the government to help develop Palliative Care in Sri Lanka with the issue of Chronic Kidney Disease of unknown origin (CKDu). Following which, I founded the Shanathi Foundation.

Shanathi Foundation is an Australian registered charity with Deductible Gift Recipient (DGR) status with a vision to propagate and develop Palliative Care throughout the world, especially in developing countries such as Sri Lanka to give dignity and comfort to patients diagnosed with life limiting illness such as cancer and CKDu.

Over the recent past we have worked hand in hand with the Ministry of Health (MoH), the Prime Minister's Office and the Presidential Task Force on CKDu in numerous projects to prevent, treat and palliate patients with life limiting illnesses.

We now plan to build Sri Lanka's first Palliative Care Hospital in Anuradhapura which will also be the first Eco-friendly Palliative Care Hospital in the world. The facility will look after patients with life limiting illnesses such as CKDu and cancer based in the rural communities of Sri Lanka.

We signed an MoU with the MoH in August 2017, and have allocated land in Anuradhapura to construct the facility. This unique hospital will have a 40 bed inpatient unit, outpatient clinics, a Training and Research centre, and Home Based Palliative Care Services amongst other essential services .

Please join us in creating history by building the world's first Eco friendly Palliative Care Hospital.

Dr. Suharsha Kanathigoda
Founder & Chairman

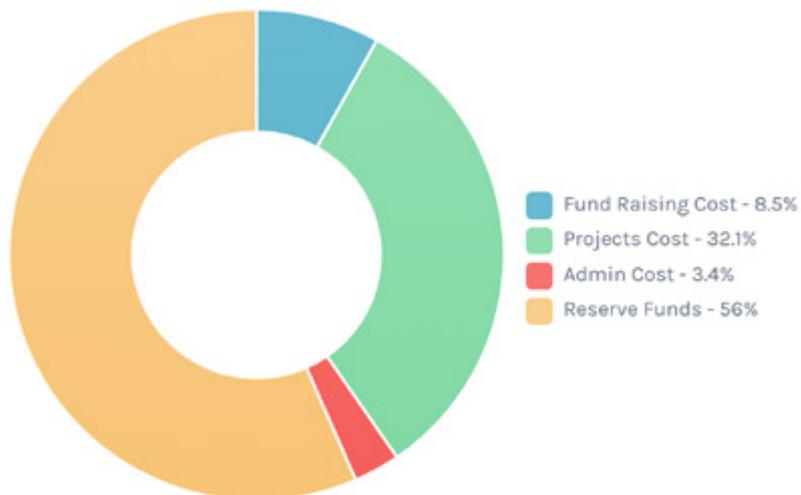
[MORE INFORMATION](#)



FINANCIAL REVIEW

Highlights:

- Donations collected over \$560,000 in a period of 5 years to fund programs such as Family sponsorships, Installation of 40 + Reverse Osmosis Machines in schools, medical assistance to those families with no assistance and reserving funds to build the Palliative Care Hospital.
- We continue consistently to keep our administration costs to a minimum of 3%. These costs form the bank fees, insurance costs for the foundation and the annual audit of Shanthi Foundation Accounts.
- Shanthi Foundation Directors, Committee members and other members are all volunteers who donate their precious time for the foundation programs. They are not a cost burden to the foundation.



Average Financial Performance

[MORE INFORMATION](#)



Shanthy
FOUNDATION

SHANTHI PALLIATIVE CARE HOSPITAL

WHY DO WE NEED PALLIATIVE CARE HOSPITAL FOR SRI LANKA

Sri Lanka has a population of c.22Mn and an average of approx. 112,500 deaths occur within a year. The total number needing palliative care in the country can be estimated to be 60% of all deaths, which may approximate to 68,000 victims within a year.

With the rapid ageing of the population in Sri Lanka, the highest number of patients needing Palliative Care will in the future come from the elderly terminally ill.

At present, formal Palliative Care services are not available in the country except for the few hospitals, which function mainly as residential facilities for patients who are having chemotherapy or radiotherapy.

PROJECT FUNDING PLAN

The Foundation expects to raise AU\$ 1.17Mn (LKR 140Mn) for the round of funding, for construction, procurement of equipment, machinery and working capital for the first year of operations. The total funds required for the project amounts to LKR 380Mn, which will be utilised under three phases as follows;

Phase I – AU\$ 1.17Mn (LKR 140Mn)

Construction of 2 hospital wings with 10 beds, administration wing, common area, ROM equipment, and working capital.

Phase II – AU\$ 1.25Mn (LKR 150Mn)

Construction of 4 hospital wings with 20 beds, patient/ family recreation area, Training and Research Unit, medical equipment and working capital.

Phase III – AU\$ 750k (LKR 90Mn)

Construction of 2 hospital wings with 10 beds and worshipping areas, Medical equipment and working capital.



[MORE INFORMATION](#)



CLEAN WATER FOR LIFE PROJECT



In April 2014 Shanthi Foundation embarked on an urgent mission to supply continuous clean drinking water to school children, their families and villagers in CKDu affected areas in Sri Lanka.

Our response has been to successfully install and operate forty (40) Reverse Osmosis Machines in schools and religious establishments in the Northern Provinces of the country where it was most needed.

We're happy to report that we have been successfully providing clean drinking water for the last 4.5 years, free from heavy metal contamination and other toxins to over 40,000 school children, their families and local villagers in these communities. These ROMs operate 20 hours each day to supply the water required.

[MORE INFORMATION](#)



PATIENT AND FAMILY SPONSORSHIP



We commenced the program in November 2015 with 28 patients. Currently we have 58 patients with life limiting illness receiving much needed sponsorship. Sadly, during the past 2.5 years 11 patients have succumbed to the disease and one was lucky enough to have a transplant and recovering from the disease.

The Shanthi nurses continue to visit these patients at their own homes once in two months. When the need arises, the patients contact the nurses to get assistance in managing their pain / symptoms.

[MORE INFORMATION](#)



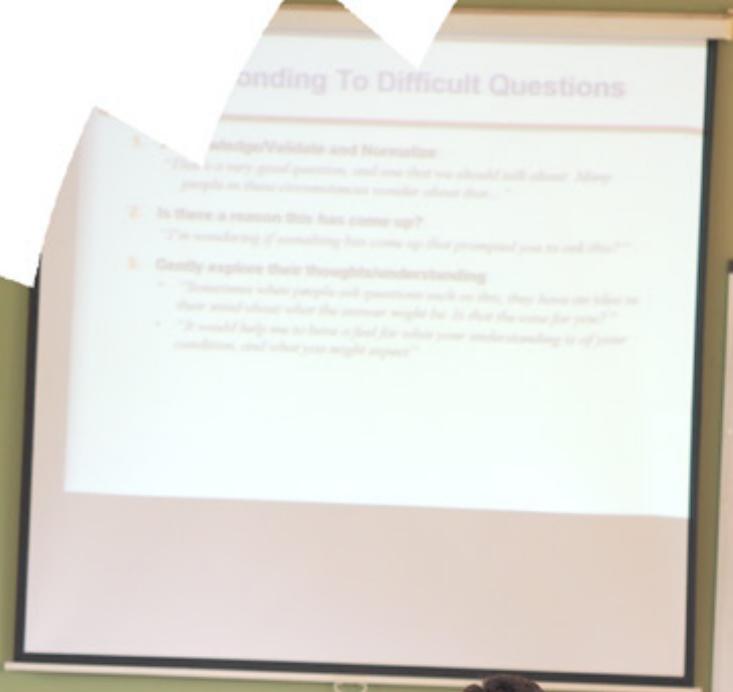
SHANTHI NURSES FREE HOME BASED PALLIATIVE CARE SERVICE



Capacity Building - Education & Training in Palliative Care for 800 Doctors, 600 nurses & 60 social workers.

Equipment Donation Program - Electric beds & mattresses, wheel chairs and other equipment to 22 rural hospitals in Sri Lanka.

MORE INFORMATION



EDUCATION AND TRAINING IN PALLIATIVE CARE



Over the last 7 years we have trained over 800 doctors, 600 nurses & 60 Allied Health Staff in Palliative Care in Sri Lanka & India through numerous courses & workshops.

We introduced Renal Supportive Care to India & Sri Lanka in 2014.



KENDA PROGRAM (KUNDGI / PORRIDGE)



We commenced the program in November 2015 in Kekirawa Central School. The kids receive the organic kenda twice a week and we have seen very good results with this program. The school has created a few scholarship holders since the inception of this program. There were very less absentees and no student have collapsed during morning assemblies since the commencement of the program. The Kenda is prepared with water free of any toxins obtained from a Reverse Osmosis Machine which has already been installed by Shanthi Foundation in the school.

MORE INFORMATION



EQUIPMENT DONATION PROGRAM



Provided electric beds, wheel chairs and other essential equipment worth over \$ 300,000 to Cancer and CKDu units through out Sri Lanka.



Shanthi
FOUNDATION

AUSTRALIA

Shanthi Foundation Ltd.
18 Burns Road, Kellyville,
NSW 2155, Australia.

☎ +61 2882 46043
✉ info@shanthi-foundation.org

AUSTRALIA - BANK INFO

Account Name: Shanthi Foundation Ltd.
Westpac Banking Corporation
BSB: 032-002
Account Number: 858808

SRI LANKA

Shanthi Foundation (Guarantee) Ltd.
702/2, S W Perera Mawatha,
Off Cotta Road, Rajagiriya, Sri Lanka.

☎ +94 779 051 333
✉ info@shanthi-foundation.org

SRI LANKA - BANK INFO

Account Number: 1030018398
Commercial Bank of Sri Lanka – Foreign Branch
Bank code: 7056 Branch: 003
Swift code: CCEYLK LX

Dr. Suharsha Kanathigoda | Founder and Chairman

Australia and Sri Lanka

☎ +6142 474 2684 ✉ suharsha@shanthi-foundation.org ✉ suharshak@gmail.com

Roshan Drahaman

Toronto - Canada

☎ +1647 680 3091
✉ rdrahaman@yahoo.com

Kumaru Wijesundera

Toronto - Canada

☎ +1647 894 9826
✉ kumaru@sympatico.ca

Chirasthi Mendis

Toronto - Canada

☎ +1716 462 0058
✉ chirasthi@hotmail.com

Jivantha Mendis

☎ +1716 336 0808
✉ jivantha@hotmail.com

Senaka & Ganga Senaviratne

New York

☎ +1347 866 6532
✉ senaka27@hotmail.com

Chinthana Jayasekera

Sri Lanka

☎ +94 777 331 271
✉ Chinthana.Jayasekera@dialog.lk



**THE FUTURE OF PALLIATIVE
CARE IN SRI LANKA IS HERE**